

10th May, 2013

Term 2 Week 2

BOAMBEE BULLETIN

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A proud member of the Bongil Bongil Community of Schools

Dear Parents and Caregivers,

We welcome Mrs Glenda Pryce who has been appointed to Boambee Public as a school administration officer and will be here each Friday.



Aboriginal Resource – On Country

Teaching Aboriginal Education has been raised from a perspective to a priority in the Australian Curriculum. Other priority areas are:

- Asia and Australia's link with Asia; and
- Sustainability

Gumbayngirr Country is rich in culture and story. Aboriginal people have lived in this Country for thousands of years, living sustainably in the diverse environment they call freshwater, saltwater Country. School leaders from Kororo PS, Bonville PS and Boambee PS have been working to bring together resources of Country to build background knowledge and experience of teachers. This week we met with elders and external agencies including; Environment and Heritage, Yarrowarra Aboriginal Cultural Centre, Saltwater Freshwater National Aboriginal Design Agency and Coffs Harbour Regional Gallery. During the day we shared and planned how we and our students can learn about Country through meaningful and engaging experiences.



Deepest Sympathy

Boambee School staff, students and community send their deepest sympathy to the Reynolds family following the loss of their father and husband Justin Reynolds on Tuesday. Our hearts are with Sueann and children Caitlin, Alexi and Taj and extended family.

A community fundraiser has been organised to support the family. Please see details below.

Movie Night Fundraiser

Join us for a pre-screening of the movie "epic"

At: Birch Carroll & Coyle Coffs Harbour

On: Sunday 2nd June

Cost: \$13 per ticket (adults at childrens prices)

Tickets must be purchased in advance and are available from Boambee Public school office.

For more information please contact Louise on 0431 187 911.

Thank you to Jason and Louise Brown from C4 Mixed Martial Arts for coordinating this fundraiser.

NAPLAN testing

The annual National Assessment Program testing for Years 3, 5, 7 and 9 takes place next week from 14-16th May. Students are tested nationally in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

For more information including FAQs, a parent brochure and past results, go to: www.nap.edu.au/.

Do Your Boambee

Be resilient

Engage in learning

Show respect

Think safety and sustainability



P & C MEETING

Monday 13TH May

All parents and carers from the Boambee school community are invited and welcome to join us in the staff room at 7pm.

National Partnership Funding

Last week the Federal Government released additional funding to schools as part of their National Partnership program. Boambee School has received an additional \$63 000 to target support and professional learning in literacy or numeracy. Following an analysis of school data our focus will be literacy. This additional resource is a wonderful boost for the school and will be tied to literacy for 2013-2014.

Grip Student Leadership Conference

On Thursday the School Captains and prefects attended a student leadership course. This course went through the steps needed to prepare the students in practical ways to develop their skills as a leader. They learnt that all exceptional leaders should continually grow in different areas and they should spend time with others and lead others. They also learnt leaders should see all people as important and they should be the same person on the inside and the outside.



SPORT

Toormina District Cross Country

On Wednesday, 90 students proudly represented Boambee at the Toormina District Cross Country held at Sawtell Reserve. The weather was spectacular and the track was in perfect condition, which led to a number of extremely fast times recorded throughout the day. Each and every Boambee competitor ran to the best of their ability and is to be congratulated on the spirit in which they tackled the challenging course. 26 students were successful in qualifying for the MNC Cross Country to be held on Friday 24th May in Grafton. Those students have been given permission notes and are requested to return notes and monies ASAP. In addition to qualifying for MNC, the following students were named District champions, finishing first in their respective age divisions.

8/9 Years Boys – Josh Marsden

8/9 Years Girls – Gabby Sullivan

10 Years Girls – Isabella O'Donnell

11 Years Girls – Kate Murray

12/13 Years Boys – James Lowe



Isabella powering on the home straight.



(Left to right.) The 11 years boys race was electric! Ruari, Kye, Luca and Jay right in the thick of it. Joshua Marsden produced a great performance - winning the opening race of the day.

Congratulations to all students for a tremendous effort and for being such exemplary ambassadors of Boambee PS.

Soccer

On Friday last week, James Lowe represented MNC at the North Coast trials. James was successful at gaining selection for the NC team and will now travel to Sydney to compete in the NSW PSSA tournament. Everyone at Boambee Public would like to wish James all the best at the tournament.



Congratulations and good luck James!

Look at the Garden Grow!



Arsh and Keeley - Great looking garden boys!

Despite the disruptions with painting of demountable classrooms our budding gardeners have been busy during the first weeks of school. Students from 4TD made the most of the sunshine this week to put in some new seedlings. Students from 2JLS have also had great success in the garden with some of their produce almost ready to harvest.

Jump Rope for Heart

This year Boambee school will be involved in the Jump Rope for Heart Program. The Heart Foundation Jump Rope for Heart is all about learning how to keep fit and healthy. It improves your strength and confidence in physical activities and builds healthy bones and muscles. You can have lots of fun with your classmates and play lots of skipping games too. At the same time you will be helping save Australian lives by asking family and friends to sponsor you for being a part of this fun program. Funds raised go towards research to help the fight against heart disease and stroke. More information soon.



New assembly time for Term 2 is Friday 1pm to 1.40pm

Opportunity class placement for Year 5 2014

Information for parents with students in Year 4. The NC region OC class is at Toormina Public school.

Online application for Year 5 entry to an opportunity class in 2014 closes on Friday 17 May 2013.

Apply online at www.schools.nsw.edu.au/ocplacement

Application information will be available from your child's primary school from Monday 6 May 2013. The Opportunity Class Placement Test for 2014 entry is being held on Wednesday 24 July 2013.

Please note the coming events on your calendar:

NAPLAN – next week

13th May – P&C Meeting Monday 7:00pm

17th May – 2M assembly

21st May – School social fundraiser
K-2 - afternoon 2-2:50pm
Yr 3-6 – evening 6-7pm

21st May – A Grade chess team Sawtell PS

22nd May -- Bongil Bongil Community of schools Vocal Workshop 2

24th May – MNC Cross Country Grafton

Relay for Life

Once again many of our staff will be participating in the 2013 Relay for Life. We have already raised about \$900 and hope to be able to reach our target of \$2000. On Tuesday 21st May we will be holding socials for students K-6 as a fundraiser.

Kindergarten and Stage 1 will have their social from 2:00 to 2:50pm and Stage 2 and 3 will have theirs from 6:00 - 7:00pm. The cost will be a gold coin and each child will receive an icy-pole at the end of the social.

If you would like to support us in our fundraising there is a money container at the office or you can make a donation to our team by following the link:

http://relay.cancercouncil.com.au/2013/coffs_harbour_2013/Boambee-Best

We will also be selling the tribute bags for the Candlelight Ceremony of Hope which is held on Saturday evening. These can be purchased for \$2 and a message of hope or remembrance can be written on the bag. We then place these bags around the oval for the ceremony. Of course you can also come and visit us at the Relay and make a donation! Thanks for your support.

Mothers Day Stall

Thank you to Melissa McNally and her helpers for preparing a fantastic Mother's Day stall for the children. Everyone was very excited to shop at the stall this week. The countless hours volunteered by parents for school fundraising is very much appreciated by students, staff and the community.



We wish all our mums a very happy day on Sunday!

Positive Behaviour for Learning PBL

Bounce Back!

A resilience program starting in every classroom next week.

Bad times don't last. Stay optimistic.

Other people can help if we talk to them.

Unhelpful thinking makes you feel more upset.

Nobody is perfect – not you and not others

Concentrate on the positives and use laughter.

Everybody experiences sadness, hurt, failure, rejection and setbacks sometimes, not just you.

Blame fairly. How much of what happened was due to you, to others and to bad luck or circumstance?

Accept what can't be changed.

Catastrophising exaggerates your worries. Don't believe the worst possible picture.

Keep things in perspective.

Learning to 'bounce back' helps students with everyday challenges such as not giving up on a difficult task, adapting to a change in family, resolving an argument with a friend, coping with disappointments in sport or other competitive circumstances. Being resilient also involves seeking new experiences and opportunities and taking risks. Risk-taking is likely to mean some setbacks and rejections but it also creates more opportunities for successes and greater confidence.

Student wellbeing and resilience are complex concepts. We cannot protect our children from the stress and challenges of all difficult life events, but we can help them to develop personal skills and assets necessary to cope with these events.

Canteen News

Dads in the Canteen--Boambee Burger Day is next Friday 17th May. Dads will be preparing food and serving in the canteen (the kids will love it). More dads are still required, so if you would like to help out for an hour or more please ring or text me on 0411 843 600 or send in a note to the canteen ASAP. Burger pre-order forms were sent out last week. Please return form (attached to a paperbag) and money by Wednesday 15th May for catering purposes. Extra order forms will be given to each class. NO LATE ORDERS WILL BE TAKEN ON FRIDAY 17TH MAY & NORMAL LUNCH ORDERS WILL NOT BE AVAILABLE. Please explain to your child the process of pre-ordering and which day they will receive their burger and drink. Burgers will be made with all fresh ingredients and the beef patties are gluten free, they will be delicious. If your child has special dietary needs please call me before 15th May.

Try our new warm Meatball Sub for only \$3.50—Turkey mince, grated vegetables made into meatballs simmered in a tomato sauce served on a roll with grated cheese. Sounds yum, only available for a limited time.

Thanks Terri

Canteen Roster

Wed 15 May Leanne Larnach, Mel Shaw
Thur 16 May Lisa Page, Symone Squires
Fri 17 May Burger Day---Dads in the Canteen

BINGO NEWS

Every Tuesday Evening

Eyes down at 7pm at Coffs Ex Services Club.

Come along and support your school. More volunteers desperately needed and always welcome. If you would like to sign up or would like more information please contact Sheena McTackett on 0423 022 362, or email at sheena.mctackett@gmail.com or contact Emma Rhoades, the Bingo Coordinator on 0430 535 487.

14 May-- Team 4

Lisa Page, Kate Kelly, Karen Aranyi

P & C MEETINGS**Term 2**

Monday 13th May

Monday 17th June

Term 3

Monday 29th July

Monday 26th August

Term 4

Monday 21st October

Monday 18th November

All parents and carers from the Boambee school community are invited and welcome to join us in the staff room at 7pm.

Headlice

We are continuing to have a number of cases of head lice in the school, could you please assist us by checking your child's hair tonight and if nits (eggs) or live lice are found.....please do the following:

- Treat hair using a treatment recommended by a chemist, or natural remedy or electronic device.
- Put white conditioner through hair each day after treatment for 10 days i.e:
 - wet hair
 - apply white conditioner (the cheapest you can get)
 - brush through to remove tangles
 - use a nit comb and remove all nits and/or lice
 - wipe comb on paper or rinse in hot water after each comb stroke
 - do not rinse hair but rather, towel dry

Headlice are extremely contagious and students are to be kept home until treatment has been finalised.

Woolworths Earn & Learn

From Monday 8th April to Sunday 9th June, we are collecting Woolworths Earn & Learn Points. You will get one Woolworths Earn & Learn Point for every \$10 spent (excluding liquor, tobacco and gift cards). So start collecting your Woolworths Earn and Learn stickers and drop into the office.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit woolworths.com.au/earnandlearn



Health

Mid North Coast
Local Health District

Quality and Excellence in Regional Healthcare

**Northern NSW Local Health Network
Mid North Coast Local Health Network
Oral Health Service**

Did you know all children under 18 years of age, still attending school are entitled to free dental care? To be eligible all you need is a current Medicare Card To register for free dental care please call:

1300 651 625